

C O R P U S M C R
FRESHERS' GUIDE
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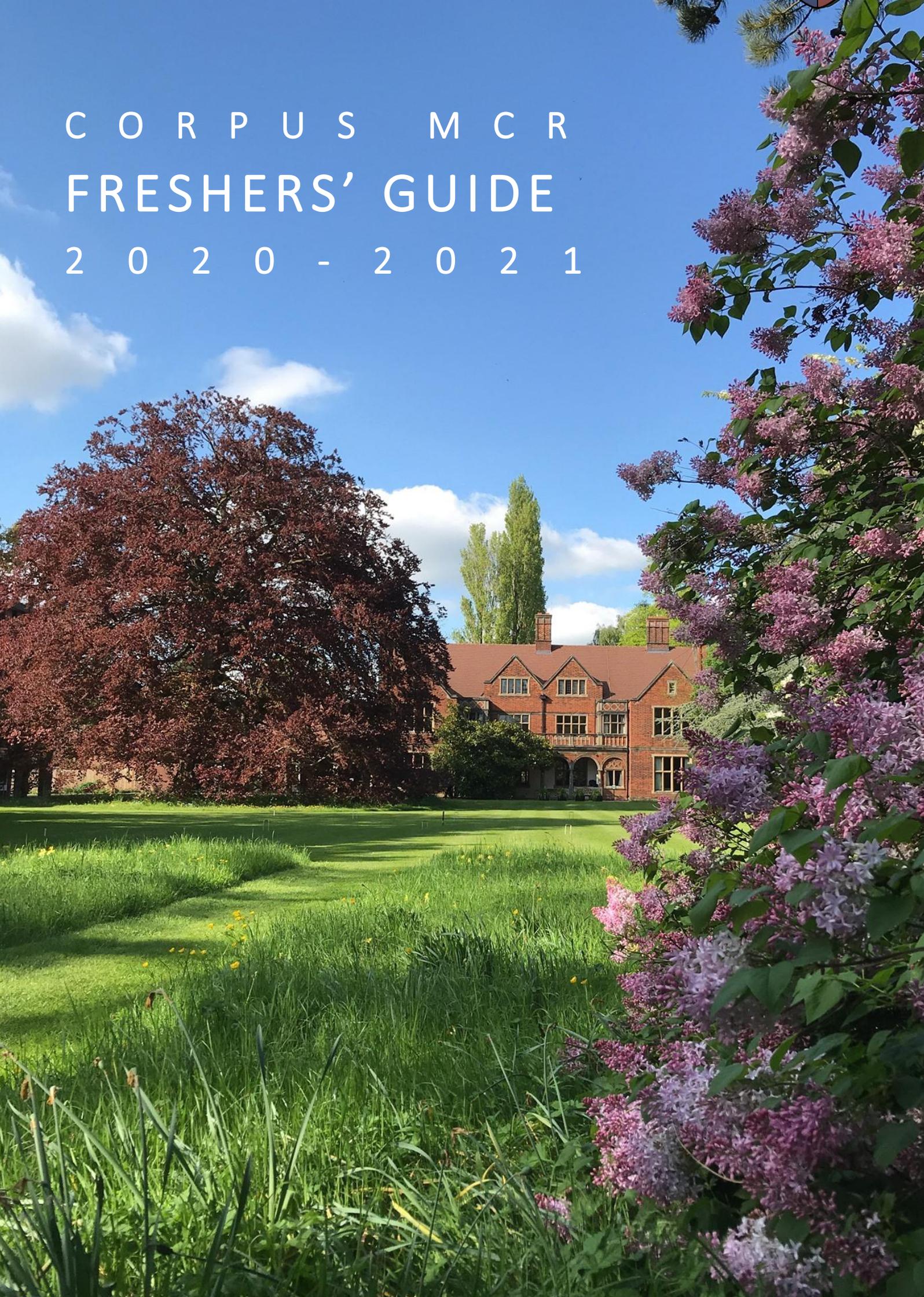


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WELCOME TO CORPUS!

On behalf of the MCR committee, welcome - and congratulations on becoming a member of the best graduate community within the University of Cambridge!

Corpus Christi is one of the oldest Cambridge colleges (founded 1352), and the main and most historic site is located very centrally on Trumpington Street and is particularly famous for the much-photographed New Court and (in)famous Chronophage, unveiled in 2008 by Stephen Hawking.

Postgraduate life at Corpus is primarily centred at Leckhampton, a sprawling site in western Cambridge where most Corpus postgraduates live.

As a postgraduate, you are automatically a member of Corpus' MCR, or 'Middle Combination Room'. This is a body which exists to provide a social setting for graduate life at Corpus and to represent graduate interests to College.

This guide is a brief introduction to life as a Corpus postgraduate, with an overview of the people, facilities, activities and events you will come across in your time here. This year will be rather different to previous years, and we don't yet know how everything is going to work – but the entire MCR committee is working hard to make sure you all have the best student experience possible. In addition to this you might like to join the 'Corpus Christi Cambridge MCR 2020-2021' Facebook group and we look forward to meeting you when you arrive.

See you soon!

*Daniel Heydecker
MCR President 2020*

*Isabella Ferreira
MCR Vice-President 2020*



THE MCR COMMITTEE

Every year, the MCR elects a student committee to oversee many aspects of life of the postgraduate community. During the first fortnight, committee members will be on hand to welcome you to Corpus and to help you settle in.

The committee is responsible for representing and promoting student interests and running events and services - including Freshers Fortnight, the bar and snack fridge. Once a term the MCR Committee holds an Open Meeting, which all MCR members are encouraged to attend. Elections for the Committee are held each November for the next calendar-year and any member of the MCR is eligible to stand.

FRESHERS FORTNIGHT

To make sure your introduction to College life is as seamless as possible despite the circumstances, we've put together two weeks of events and activities to start the year with a bang and to get to know everyone! As well as some events, we'll publish a list of suggested activities – go with your friends or household, or sign up for us to arrange a group for you.

COVID-19

It's fair to say that this hasn't been a normal year, and that we're not back to normal yet. The MCR Committee, the College Tutorial team and the community will all work together to make sure everyone is taken care of! At the moment, we're running including peer-to-peer pastoral support ('Aunts and Uncles') and self-isolation support volunteers from the community. If you have any questions, please feel free to contact the [MCR Welfare Team](#).

MCR COMMITTEE 2020

This is the current MCR Committee – student representatives who are here to make your life and the start of the academic year as smooth as possible. Feel free to drop us a line!



DANIEL HEYDECKER – MCR PRESIDENT AND ISABELLA FERREIRA – MCR VICE-PRESIDENT

Daniel is a 4th Year PhD student in maths, studying probability theory and gas dynamics, and Isabella is a 2nd year PhD student in Medicine, working on a functional HIV cure. Together, we're responsible for organising the MCR committee and representing postgraduate student interests to College and the Cambridge Student Union.



HELEN MAGOWAN – MCR SECRETARY

I'm a 2nd year PhD in Japanese studies. As secretary I send a bulletin to keep you up to date with what's going on around Leck – watch out for lots of emails about the freshers' events! – and organise committee meetings, including once-a-term open meetings. If there are things you'd like the committee to discuss, or want to include in the bulletin, email me!

EMMA SIRAGHER – MCR TREASURER

I'm just starting my 2nd year as a PhD student in the department of Physiology, Physiology and Neuroscience, where I'm researching the function of the placenta in maternal and foetal health. As Treasurer, I'm responsible for managing the MCR budget and ensuring that our money is spent wisely!



DARIUS KOSMÜTZKY – MALE WELFARE OFFICER AND LARA BUSBY – FEMALE WELFARE OFFICER

Darius is a 1st year PhD student studying photosynthesis and Lara is a 3rd year PhD student working on chicken embryology. As welfare officers, we're responsible for all elements of health and wellbeing, physical and mental – we organise relaxing and wholesome events where you can unwind and de-stress, and you can talk to us in confidence about anything bothering you! You can find out more in the section about Welfare at Corpus.

KATIE BARKER AND LUKE PATTISON – BAR MANAGERS

Katie and Luke are a 3rd and 4th year PhD students in Pharmacology. In normal times, we are responsible for the running of Leck bar, and we also organise the occasional pub quiz and wine tasting!



CAMILLA LINGJAERDE, BECKY RICKMAN AND ALBERTO SCARAMPI – SOCIAL SECRETARIES

Camilla is a 2nd year PhD Candidate in Biostatistics, Becky is a 2nd year PhD Candidate in Pharmacology and Alberto is a 2nd year PhD Candidate in Biophysics. We're responsible for organising and running the social events for the MCR, including the programme for Freshers' Fortnight!



ROBERTA CACCIOPPO – CATERING

I'm a 2nd year PhD student in molecular biology. I work with the college catering staff to try to accommodate everyone's food-related needs and ensure high-quality food service. I also help the social secretaries with meal logistics for events catered by College.

MITCHELL CHIEW – GREEN & CHARITIES

I'm a first year PhD student in Applied Mathematics and Theoretical Physics, hailing from Australia. As Green & Charities Officer, I'm always on the lookout for ways to encourage sustainable living at Leck. I represent students' interests at the College Green Committee, run fundraisers for charity and coordinate the reduction of Corpus Christi's environmental impact.





LORENZO PERRONE – COMPUTER OFFICER

I am a 3rd Year PhD student in Astrophysics at the Department of Applied Mathematics and Theoretical Physics. As Computer Officer, I manage the college website and the postgraduate mailing list.

NEESHA KARA – LOGISTICS OFFICER

I am a 2nd Year PhD student in Cancer Biology, and as logistics officer one of my main roles involves organisation of the wonderful TV room at Leckhampton – I maintain the well-stocked selection of food and drink in the snack fridge and hope to organise movie nights soon! I'm also responsible for the barbeque, which you can book for personal use.



ALEX JOHNSTON – INTERNATIONAL OFFICER

I am a 3rd Year PhD student from Australia, studying at the Department of Applied Mathematics and Mathematical Physics. I am responsible for organising events, such as potlucks and movie nights, targeted towards international students.

ELIZA LOCKHART – LIBRARY OFFICER

I am a Master of Law candidate and lover of all things literary! I'm responsible for ensuring that the Leckhampton library (when it reopens!) is as user-friendly, functional and fun as it can be, and run the weekly study group.



CRAIG MACKENZIE – LODGINGS OFFICER

I'm Craig, and my role as MCR Lodgings Officer is to ensure peaceful and functional accommodation for postgraduate students; I also sit on the College Buildings Committee as an MCR representative, bringing any lodgings matters of concern to the table. You can get in touch with me regarding lodgings concerns, such as laundry and kitchen facility improvements that need raised with College.

Hi, I'm Mary – here to represent the partners, spouses and families of Corpus postgraduates! If you are a partner or a family member, or have one, then please do get in touch if you have any questions, concerns, or just want a chat. Generally, partners are more than welcome to join for most MCR events and it's a great community to get involved in! I'm also looking to organise a couple of events specifically focussed on partners so let me know if you'd be keen!



TIM EKEH - LECKHAMPTON SOCIETY

Hi! My name is Tim and I'm the LeckSoc Secretary. I'm a 3rd year PhD student in applied mathematics and Theoretical Physics. In my role as LeckSoc secretary, I'm responsible for organising and running the student talks – drop me a line to find out more if you're interested in giving a talk!

NATASHA MURPHY - SPORTS

I am a 3rd year PhD student in the Biochemistry department. As MCR Sports Officer, my role involves coordinating the fantastic sports facilities we have at Leckhampton, including the gym, sports fields, Croquet lawn and squash and tennis courts. I am also involved in the running of sports events, including Sunday Yoga classes and the annual "Corpus Challenge" sports day. Please contact me if you need anything sports-related!



TUYA SHAGDAR - ETHNIC MINORITIES

My name is Tuya, and I'm the MCR Ethnic Minorities officer. I am Mongolian and currently doing my doctorate in Social Anthropology. I'm here to make sure that everyone can actively participate in the MCR and meet interesting people from a wide range of histories and backgrounds!

SETTLING IN

GETTING TO CAMBRIDGE

By car: From the M11, take either Junction 11 or 12 and follow signs for 'Cambridge City Centre'. Note that there is no public parking near the main college, but there is a car park at Leckhampton.

By rail: From Cambridge Railway Station (this is different from the newly opened Cambridge North Station) you can either walk (about one mile) or take a taxi or Uber to Corpus (roughly £7-£10). Trains run regularly from London and take around 1 hour from Kings Cross Station or Liverpool St Station. You can find timetables on the national rail website (nationalrail.co.uk).

If arriving to the UK via London you will probably encounter both the railway and the London Underground (known as the 'Tube'). These are distinct and you should look for logos like this:



British Rail



The 'Tube'

If travelling across London, you can either get a prepaid 'Travelcard' for the Tube, which can be bought at any tube station, or use a contactless bank card and pay per journey. An 'Oyster' card can also be purchased and pre-loaded with credit to pay per journey.

By plane:

From Stansted: Direct trains run from the airport to Cambridge.

From Heathrow: Take the Tube from Heathrow to King's Cross Underground Station (Piccadilly line east toward Cockfosters). Follow the signs to King's Cross Rail Station and take the train north to Cambridge.

From Gatwick: Take a train from Gatwick to Victoria Station, and follow the signs for the Tube. Take the Victoria Line north getting off at King's Cross. Follow the signs to King's Cross Rail Station and take the train north to Cambridge.

By bus: The Bus Station in Cambridge is shown on the map on the following page and is within walking distance of the College.

DIRECTIONS TO THE CENTRAL SITE

Corpus Christi College is situated on King's Parade/Trumpington Street in Cambridge City Centre (as shown on the map on the next page).

DIRECTIONS TO LECKHAMPTON

Leckhampton House is a 15-minute walk from the central site. Its address is 37 Grange Road, CB3 9BJ.

Coming from Sidgwick Avenue:

Turn right into Grange Road. About a block down Grange Road, just after the entrance to Pinehurst, turn left into a small private road marked by a low concrete sign 'Leckhampton, Corpus Christi College', pictured on the right. The sign is not lit and is easy to miss! If you get to Cranmer Road you have gone too far.



Coming from the north on Grange Road:

Pass West Road on your left and then Cranmer Road on your right and take the first right-turn after Cranmer Road. If you get to the sign for Pinehurst, you have gone too far.

Go down the private road to near the end; on the left, with a small lawn in front, is a large red-brick house, you've successfully arrived at Leckhampton House!





LECKHAMPTON

Leckhampton (“Leck”) is a site mainly for postgraduate students at Corpus, centred around Leckhampton House, a Victorian house located in the west of Cambridge. Leckhampton offers lots of amazing facilities: sports grounds, a bar, our own Dining Hall, a library, a roof terrace and a swimming pool, to name a few, all set around a beautiful sweeping garden. Most students live in the Kho Building (next to the sports field), the George Thomson Building (GTB), located next to Leckhampton House, or in houses on the neighbouring streets of Cranmer Road and Selwyn Gardens. If you live out or in other College accommodation, please remember that Leckhampton is a wonderful communal space for all members of Corpus to enjoy - not only the residents - so please feel welcome to make full use of it.

This section outlines the facilities that are available throughout Leckhampton for you to use.

THE MCR

The Middle Combination Room (the physical room, not the student association mentioned above) is located on the ground floor of Leckhampton House and is the focal point of postgraduate life at Leckhampton. It is a common room containing the Leckhampton Bar where students gather at all times of the day to work, relax, eat and socialise.

THE LECKHAMPTON BAR

We hope to be able to open the Leckhampton Bar for takeaway drinks, in accordance with government guidelines. The bar stocks a wide range of wines, beers, ciders, spirits and soft drinks at very affordable prices, and you can pay on your college card.

THE TV ROOM

The TV Room, located on the ground floor of Leckhampton House, has Sky TV, Netflix, a Blu-ray player, a Nintendo Wii, an XBOX as well as large, comfortable couches with a beautiful view of the Leckhampton gardens. You can also book out the TV Room to watch your favourite TV show, sporting event or film (just fill in the TV Room Bookings form online). We hope to be able to reopen the TV room shortly, at a reduced capacity with social distancing – more details to follow!

SNACK FRIDGE

Temporarily hosted in the music room, the Snack Fridge is one of Leckhampton's most popular facilities. Soft drinks, chocolates, sweets, crisps and pot meals are available for sale at any time of the day or night. This operates on an honesty system so be sure to mark off what you've taken via the QR code, so that the charges can be totalled periodically and added to your college bill for that term.



LAUNDRY

Laundry rooms are located just opposite Leckhampton House. There are free washers and driers, as well as irons and an ironing board. Slots should be booked on the [online form](#) to make sure that you don't go down to find all the washers in use!



GARDENS

The Leckhampton gardens are renowned for their diversity and beauty. You have full access to them at all times of year. During summer, be sure to take a walk through the prairie garden! An outdoor swimming pool and croquet lawn are available in the summer. Remember to adhere to the swimming pool rules to make the safest use of it.

LECKHAMPTON BBQ

A popular feature of the gardens is the BBQ area. The barbecue is available for all MCR members to use and can be booked [here](#) via the MCR Logistics officer at a cost of £5. This is a great way to hang out outdoors with friends and enjoy some food together at safe social distancing!

Remember to leave the barbecue as clean as possible after using it, and to follow the COVID-specific BBQ rules.

LECKHAMPTON LIBRARY

The Leckhampton Library is located under the George Thomson Building (GTB) and is primarily a recreational library as well as a pleasant study space. Reopened in 2020 after refurbishment, it houses a small but well-curated selection of books which we encourage you to enjoy. Unfortunately, the library is closed for the time being due to the pandemic – we look forward to (re)opening as soon as we can!

All Corpus students are also welcome to use the Taylor Library located at Corpus' central site in town – see the section about 'Old House' below.

SPORTS FACILITIES

The Leckhampton sports field is located next to the Kho Building, just down the drive past Leckhampton House. During winter, football and rugby pitches are set up, whilst cricket and 5-a-side pitches are set up during summer. There are also tennis courts (hard & grass in summer) and netball courts on the far side of the field. All of the sports facilities currently available have been carefully checked by the university sports representatives and risk-assessed for COVID-secure use.

The sports pavilion, leading onto the pitches, contains changing rooms and showers. This is also where the college rowing club store their ergs. Behind the pavilion is a basketball hoop (basketball located in the gym).

The Leckhampton gym, just beyond the pavilion, contains gym equipment and a squash court. To use the Leckhampton Gym you must register for a Gym Induction (which will be advertised by the MCR Sports Officer early each term), after which your card will be updated to provide access. There will be new gym rules to ensure that the gym can safely be used during the pandemic.

To use the tennis courts, squash courts or gym, you must use book a slot on the calendar.

BIKE SHED

Riding a bike is by far the easiest way to get around Cambridge as the area is almost completely flat. There are many bike shops in town; those on Mill Road tend to be the cheapest. If you can, it's often worth grabbing a second-hand bike – ask around and look out for adverts on the MCR Facebook group! Be sure to purchase lights as you will be fined by the Police if you cycle at night without them. Unfortunately, Cambridge is a bike crime capital – and there have been even more bike thefts recently than normal, so you will need a good D-lock. We also recommend registering your bike with <https://www.bikeregister.com/> and record the frame number (on the bottom of the bike-frame) – if it's stolen, there's a chance you'll get it back! Wear a helmet at all times when cycling.

All bikes parked at Leckhampton must be registered with the Head Porter -forms will be available shortly after you arrive. Bikes can be parked in the Leckhampton Bike Shed, located behind the Kho Building, in the carpark, or at the side of 17 Cranmer Road. The bike shed is protected by a padlock opened by the college late key (A20). Please note that you are not allowed to store your bike inside your house or building without specific permission.

The MCR also has three bikes available for short-term hire – ideal for getting around town if you have a guest visiting. There is a £2/bike/day charge to cover maintenance costs, added to your college bill, and each bike can be hired for a maximum of 7 days. Lights, helmets and locks are also provided – be sure to make sure they are locked to something secure when parked. To hire a bike, contact the MCR bike officer at mcr_bikes@corpus.cam.ac.uk. This service is provided at the user's own risk and you will be asked to sign an agreement before you can use a bike.

THE VEG PATCH

If you have green fingers, check out the Leckhampton Veg Patch behind 23 Cranmer Road and the bike shed (to the left of 23 on map overleaf). There's a supply of gardening tools for members of the MCR to use – gardening can be a great way to unwind and relax, and you get the satisfaction of growing your own vegetables! Get in touch with the [Welfare Team](#) or [Green Officer](#) to find out more



PUNTING

Corpus doesn't own its own punt, but the MCR has a corporate membership with Scudamore's, one of the largest punting providers in the city. Punts can be booked online (<https://www.scudamores.com/corporate/>) for £5/day, which is added to your college bill. For Corona-Safety, you will only be able to go with other members of your household.

CAR PARK

For those of you with cars, there is a small car park located behind the Kho Building. The car park entrance is at the end of Cranmer Road, protected by a card-operated barrier. You must register your car with the Site Manager to use the car park after which your university card will be updated to provide access.

GETTING AROUND LECKHAMPTON

Two maps of Leckhampton are provided on the following pages. The first shows an overview of the central part of the site with Leckhampton house, the Cranmer road houses, GTB and Kho buildings labelled. The entrance to Leckhampton appears about halfway down the right-hand side of the image.

The second image is a wider view including the sports pitches, gardens, swimming pool and Selwyn Gardens, as well as the neighbouring Barton Road houses which house 4th year undergraduates. The maroon border indicates the perimeter of the Leckhampton site.

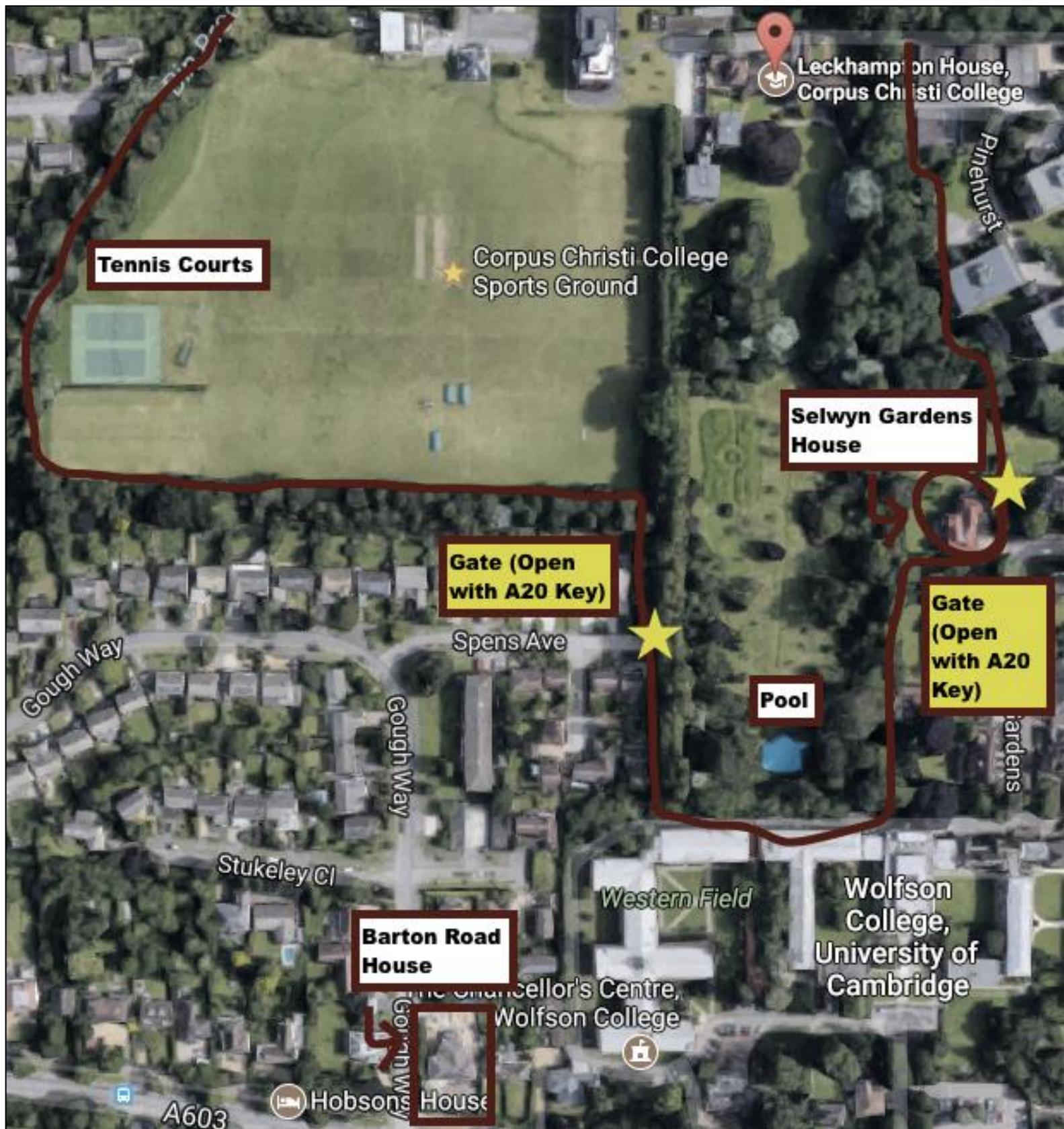
You are free to wander and explore Leckhampton though you will need your card and A20 key for access to buildings and the gardens.

To get to the Selwyn Gardens house, you can either approach from Selwyn Gardens road itself (travelling south on Grange Road, take the second after Leckhampton, sandwiching Pinehurst), or on foot via a gate about halfway down Leckhampton gardens (A20 key required).

To reach the Barton Road house, you can either turn right at the southern end of Grange road, onto Barton road, where the house is on the right-hand side at the corner for Gough Way, or on foot by walking down the tree-lined pathway on the western perimeter of Leckhampton gardens (the green strip down the centre of the second image) until you reach a gate that will take you out of the campus (A20 key required) and into a small neighbourhood of detached and semi-detached houses. You will find yourself on Spens Avenue, which then merges into

Gough Way. Turn left into Gough Way and continue until it meets Barton Road where the house is on the left at the corner of the two streets.







CORPUS CHRISTI OLD HOUSE

The facilities in the central site of Corpus Christi College, known colloquially as ‘Old House’, are available for postgraduates to use; generally, you will share them with the undergraduates, the majority of whom live on or near this central site. Here you will find everything arranged around three Courts: New Court, Old Court and Kwee Court. Please note that you will need to wear a face covering while at Old House and follow the one-way system, as the narrow passageways make social distancing difficult.

THE NEW COURT

To your immediate left as you enter New Court through the main archway is the Porters’ Lodge, or ‘Plodge’ for short. Straight ahead, in the centre of New Court, is the College Chapel. In the far-left corner is the entrance to the dining hall (upstairs), where lunch and dinner are served in College (see “Food and Catering” below). Just to the right of the Chapel is the Masters’ Lodge, and to the far right is the Parker Library, housing Corpus’s important exceptionally beautiful and significant collection of historic manuscripts.

An important practical point: finding a toilet at Old House is difficult at the best of times and, due to the pandemic, you can’t use a ‘household’ toilet. The correct toilets to use are in H staircase in New Court (follow signs for the ‘Law Room’)

A few important locations: The Graduate Office is located on the first floor of A staircase; the Computer Office on the ground floor of E staircase; the Finance Office on the ground floor of A staircase.

THE GRADUATE PARLOUR

The Graduate Parlour (GP), a room exclusively for the use of postgraduates, is located next to the Post Room in College, on the ground floor of D staircase and is opened by your university card. The GP will be reopening soon – watch this space for more details!

THE OLD COURT

Dating from the 1350s, Old Court is perhaps the oldest continually inhabited court in the country, and the oldest surviving enclosed court in Cambridge. Old Court contains the Bacon, Marlowe and Parker Rooms. There is also an entrance to the Junior Common Room (next to P staircase).

Old House also hosts the Parker Library, which contains an amazing collection of medieval and renaissance manuscripts and rare early printed books. Look out for a tour during the freshers' inductions!

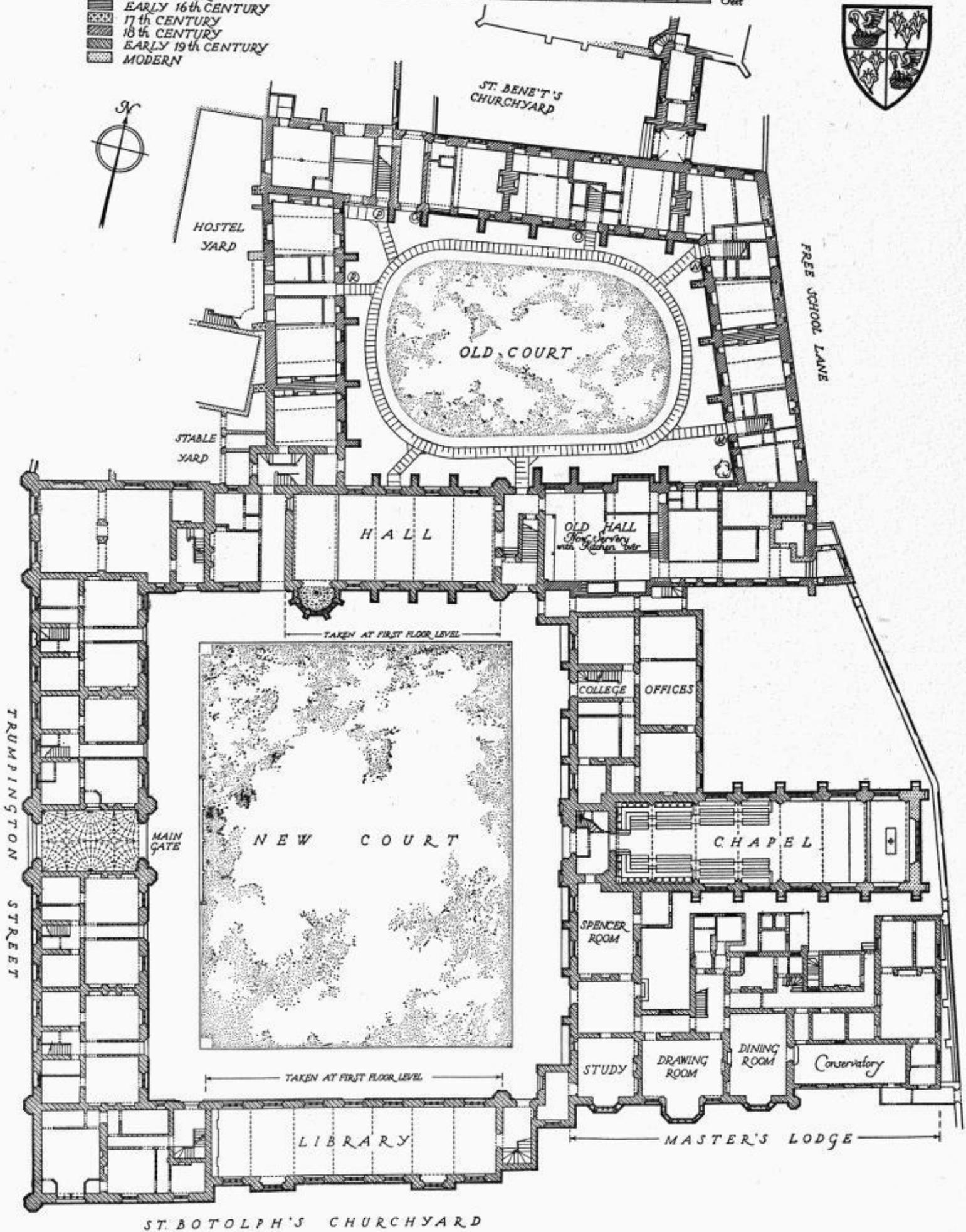
THE KWEE COURT

The Kwee Court (previously Library Court) is the newest Court in Corpus and is located in place of 'Hostel Yard' and 'Stable Yard' on the following map. The Pelican Bar is located down the stairs – see the section about catering for more information. It also contains a games room and is the venue for most JCR 'slacks' (parties) in normal times. At the end of Library Court is the Taylor Library, the College Library. The Taylor Library is an excellent place to work, with spacious desks, and we hope to be reopening soon with reduced capacity and COVID-suitable modifications.

CORPUS CHRISTI COLLEGE

-  LATE 14th CENTURY
-  15th CENTURY
-  EARLY 16th CENTURY
-  17th CENTURY
-  18th CENTURY
-  EARLY 19th CENTURY
-  MODERN

Scale 10 0 10 20 30 40 50 60 70 80 90 100 Feet



TRUMPINGTON STREET

ST. BOTOLPH'S CHURCHYARD

Services

As the place of residence for most postgraduate Corpuscles, Leckhampton offers a range of services useful to students. A few of these services are presented here, but the list is far from exhaustive. If you have any questions not covered by this guide, ask the Leckhampton Site Manager.

KEYS

Your keys will be issued to you by the Site Manager and must be returned when your lease expires. You will receive at least two keys: an A20 and your room key.

A20: Your A20 key, also known as a 'late key', lets you into the main gate to College when it is locked after 11:00pm, two other College gates (one on Bene't Street leading into Old Court, the other on Free School Lane leading through the Bursar's Garden to New Court), the chapel (from the side entrance), and the gate to Leckhampton garden next to Leckhampton House. The A20 key also lets you into the covered bike shed behind the Kho building, the cricket pavilion, and the swimming pool.

University Card: Your university card provides access to much of Leckhampton, including Leckhampton House, the Kho Building, the roof terrace, the squash courts, and the laundry facilities. It also provides access to the Taylor Library and Graduate Parlour in college.

If you live out, you should collect your A20 key from the Porters. Any students locked out of their rooms and needing access outside of the Leckhampton Site Manager's working hours will be able to sign out an emergency set of overnight (or in the case of a weekend, until Monday morning) keys from the Porters' Lodge, subject to a £20 charge.

BEDDING AND LINEN

Students must supply their own bedding and are responsible for laundering their own linen. College does not supply your accommodation with bedding, linen, towels or kitchen items. However, you can order on-line in advance and have them delivered to your room (for example, unikitout.com). There are also many shops in and around Cambridge though be sure to visit as soon as you can as they often run out of popular items around the start of term.

You may want to hold off purchasing kitchen items until your arrival, as some things may have been left by previous occupants, or you may wish to club together with housemates to save on delivery.

HOUSEKEEPING

During the pandemic, housekeeping won't be coming into your room to clean, and so you will be responsible for keeping your room (and ensuite, if you have one) clean. See the Moodle page for more information.

The communal areas (kitchens, halls and communal lavatories) are cleaned twice daily by the staff, but nevertheless should be kept to a reasonable standard of cleanliness. In particular, make sure that you wash your dishes immediately and put them away to allow others to use the kitchen, and to enable the staff to do their job.

If you need housekeeping supplies after hours, there is a cupboard in the George Thomson building (in the room under the stairs near the black door - the cupboard is labelled "MCR Cupboard") containing a vacuum, broom, dustpan, mop, garbage bags and other cleaning supplies that you can use. Please make sure you return them when you have finished.

If you have an ensuite bathroom, you will need to purchase your own toilet paper and supplies.

MAINTENANCE

If anything in your Leckhampton room breaks or needs maintenance, including the replacement of light bulbs, or if you notice anything you think needs maintenance in Leckhampton House, communal areas of your accommodation, or student common areas in College, you should place a maintenance request using the contact form on the [college website](#).

If you have an emergency maintenance request, such as a burst pipe or power failure, please contact Aldona Maliszewska-Tomlin between 8:00am–4:00pm. After hours, contact the Porters' Lodge (01223 338000).

POST

You can have post sent to you either at College (Old House), or at Leckhampton house, or direct to your accommodation if you live in one of the houses. The most reliable option is to have your mail sent to College, as there is always a porter on duty to collect the mail. All MCR members have a pigeonhole in the Post Room, located on the ground floor of D staircase in New Court.

Students living at Leckhampton also have a pigeonhole in the post room on the right-hand side just inside the front door of Leckhampton house, where you may have mail sent directly.

If you receive a parcel the porters/Aldona will leave a note in your pigeonhole telling you to collect it from them. Be sure to check your pigeonhole regularly and collect your parcels promptly!

USEFUL ADDRESSES

Leckhampton House: Leckhampton House, 37 Grange Road, Cambridge, CB3 9BJ

Old House: Corpus Christi College, Trumpington Street, Cambridge, CB2 1RH

Other postcodes:

The Kho Building: CB3 9BJ

88-90 Barton Road: CB3 9LH

Cranmer Road houses: CB3 9BL

7 Selwyn Gardens: CB3 9AX

COLLEGE BILLS & ESTABLISHMENT CHARGE

You will receive termly college bills covering rent, utilities, Establishment Charge, college meals and drinks charged to your university card, charges from the Snack Fridge and printing charges.

Your University and College Composition Fee will also appear on the bill (unless it is handled separately by your funding body). The first bill will arrive very soon after you arrive and must be paid promptly.

Students living in college accommodation will pay an Establishment Charge (EC), which covers costs which are not related to your education or accommodation and which are free (or subsidised) at use – communal spaces, sports and welfare facilities, catering and the services and overheads needed to support them. Students living out of College accommodation as well as guests of the College (both “non-EC payers”) pay a 30 per cent surcharge on all catering prices. The MCR is negotiating how EC will be applied going forward – watch this space.

If you are having trouble paying a college bill, you should contact your Tutor (with a message to their own @cam address and a copy to graduate-tutorial@corpus.cam.ac.uk).

IT

College provides you with internet access that grants you one wired connection and several wireless connections. All buildings on the site have Wi-Fi, including Eduroam and UniOfCam. You can find out your Eduroam username and password by visiting <https://tokens.csx.cam.ac.uk>.

You can also connect to the network with an Ethernet cable (usually faster), which you can get from the Computer Office, located on E staircase in New Court. You should contact the Office if you have any problems with your internet connection. You can also obtain free antivirus software from them.

There is a computer room in Leckhampton, located on the ground floor of the George Thomson Building with a printer and photocopier. Anything that you print will be added to your college bill. To use the photocopier, you will need to swipe your college card on the front panel, and copying will be charged to your college account.

RECYCLING

We’ve got lots of recycling facilities to help you reduce your environmental impact while you are at Cambridge. Cardboard boxes, cans, hard plastics, and even some plastic bags can be recycled. Look for the recycling  symbol or similar on packaging if you’re unsure. At Leckhampton, you can dispose of recyclable items in the clearly labelled bins provided in your kitchens and communal spaces. There are also large recycling bins outdoors for larger items, like large cardboard boxes.

FOOD AND CATERING

As a member of Corpus, you can take full advantage of the catering services provided by College.

LECKHAMPTON DINING HALL

Leckhampton dining hall will be serving dinner (7-8:30) on weekdays – menus will be announced in advance, and you can follow [Lecky Meals](#) on Instagram. Pay via your college account with your university card.

DINING IN COLLEGE

In term time, lunch and dinner are also served at the central College site, every day of the week. The cafeteria lunch runs from 12-2, and dinner from 5:30-7:30, and you will be able to sit in the marquee in Old court, or pre-book seating in the hall for households.

The “Pelican” Bar at Old House will be open 6:30-9:30 for drinks and snacks from Monday to Friday. You must pre-book – there are three, 50-minute slots, and a maximum of 28 people per slot.

TUESDAY SIT-DOWN MEAL

We hope to continue the Leckhampton tradition of a two-course “sit-down” meal for graduates on Tuesdays at 7.00pm in the Leckhampton hall, with suitable social distancing, once term is underway, and with modifications to make it COVID-safe.

FORMAL HALLS

A quintessential Cambridge experience, we hope to resume Formal Hall in Old House with suitable social distancing once term is underway!

Tickets are £10.50 for EC payers, plus a surcharge for non-EC payers. We would encourage all students to attend at least once: the food is consistently excellent, and the atmosphere is unique! As the name suggests, formal dress is required (lounge suits, or equivalent), and Corpus members must wear their gowns.

COOKING FOR YOURSELF

There are communal kitchens throughout the Leckhampton residences that you are free to use to cook your own meals. For safety reasons, College does not permit you to cook in your student room.

SUPERMARKETS

The nearest reasonably-sized supermarkets are [Sainsbury’s on Sidney Street](#) and [Aldi on Histon Road](#). The nearest corner shops are in Newnham; [the Co-op on Grantchester Street](#) and [Derby Stores](#) around the corner on Derby Street. The Co-op is particularly useful on Sundays as it is open from 7:00am to 10:00pm (Sainsbury’s is only open from 11:00am–5:00pm on Sundays).

SOCIALS AND SPORTS

The MCR Committee organises several events in and around Leckhampton on a weekly, yearly and in-betweenly basis for MCR members to enjoy. If you have any events or activities that you'd like to see run, then please don't hesitate to contact the social secretaries, or any member of the committee. You are also welcome to invite friends – but please make sure to stick to the college and government COVID-rules.

SUNDAY TEA & WELFARE ACTIVITIES

Run by our fantastic welfare officers at 4pm every Sunday, this is a great opportunity to take a break from the academic pressures of postgraduate life.

THE LECKHAMPTON SOCIETY

Leckhampton Society (nicknamed "LeckSoc") is an informal forum where members of the postgraduate community give short presentations on their research, allowing you to discover the work of your fellow MCR members. All members of the MCR are automatically members of Leckhampton Society and therefore encouraged to attend the talks, which take place twice per term. These events will be taking place over Zoom for the time being. If you'd like to give a talk about your own research, contact the Secretary of the Leckhampton Society (see committee members).

STEPHEN HALES SOCIETY

This society provides a forum for Fellows to present their work at Leckhampton. Normally, it follows a Tuesday sit-down dinner twice per term and is a good place to meet members of Corpus's research community.

FORMAL SWAPS

There are normally around two Formal Swaps per term; they involve going to another College for Formal Hall (and inviting postgrads from other Colleges to attend our Formal Hall, hence the 'swap'). This is a great chance to meet postgrads from outside Corpus and experience the atmosphere at their Formal hall. We hope to be able to resume these soon, COVID permitting!

POSTGRADUATE SUPER HALL

In normal times, we have "Super Hall" outside of term time, when the undergraduates have gone home. This is a black-tie, 4-course formal hall for postgraduates only, with plenty of room for inviting guests and partners.

THEMED NIGHTS

Complementing the stream of events that happen on a weekly and monthly basis, we hope to have some themed events, all with COVID-suitable modifications. These events provide us with a wonderful opportunity to reconnect, support and socialize with each other. These are impressively festive occasions that are not to be missed!

Highlights normally include: Bonfire Night, Hallowe'en, the Christmas dinner, St Patricks Day dinner, Burns' night, Valentines' Social, and many more!

SPORTS

Sport forms an integral part of life for many postgraduate students, ranging from social tennis matches and after-dinner croquet to more (or less!) serious competition in a range of sports (rowing, football, rugby, lacrosse, tennis, squash, cricket, hockey, badminton, ultimate frisbee, to name just a few!) at intercollegiate and inter-university level. College sport is generally organised by members of the JCR, providing a great way to meet a wide selection of College members, but in certain sports—namely, football and cricket—the postgraduates have their own teams.



Leckhampton has a fantastic set of sporting facilities, rivalled by few other College communities in Cambridge, and the College also owns a boathouse at the river, about ten minutes away by bike, which is the hub for the considerable college rowing community.

To find out more be sure to visit Corpus' Sports' and Societies' Fair in the Old House during Freshers' Week.

PARTNERS AND SPOUSES

Partners and spouses of MCR members are welcome to join and get involved in virtually all aspects of life at Leckhampton. We have a dedicated Partners' and Spouses' officer who organises events for MCR members and their partners – look out for an email early in term or feel free to them an email. You may also wish to join the 'Partners and Spouses of Corpus Christi MCR' Facebook group and do come along to Freshers' events. The only event you cannot attend is Matriculation itself.

LGBT

Corpus is a welcoming and accepting place, no matter your gender identity or sexuality. While most of the LGBT-specific events we would usually run are on hold due to the pandemic, there is a secret Facebook group – email mcr_president@corpus.cam.ac.uk to be added.

WELFARE AT CORPUS

There are many, many people and resources on hand that are focused on your health and wellbeing at Corpus - you can find this extensive list at the end of this document.

A SUPPORT NETWORK.

The MCR Welfare Officers are more than happy to have a confidential chat with you at any time about anything that is making your time at Cambridge and in Corpus less than positive. This could include (but isn't limited to) sexual health, mental health, relationships and friendships, managing stress, adjusting to life in Cambridge, COVID-related issues, support during self-isolation periods, harassment or assault (sexual or otherwise), and bullying. You can contact Lara and Darius via email, Facebook, telephone, or in person. At the very least, they will be able to point you in the right direction for further advice and help you think about possible next steps. No problem is too big or small, and they have lots of experience in the support available in Cambridge. Things to draw your attention to in particular include:

- The University Counselling Service (UCS) - provides counselling free-of-charge to University of Cambridge students. They are currently providing counselling sessions over the telephone or Zoom, depending on your preference.
- Your Tutor - you will be assigned a Tutor, a Fellow at Corpus who is trained for supporting students and committed to their welfare. You can get in contact with your Tutor and they will get back to you promptly. You will be given an opportunity to meet with your tutor at the start of term.

SEXUAL HEALTH SUPPLIES.

The MCR Welfare Officers also manage the Sexual Health Supply scheme. The Cambridge Student Union provides free condoms, lubricant, and pregnancy tests, which are distributed by the Welfare Officers. Feminine hygiene supplies are also available. You can order sexual health supplies via a Google form, either anonymously to the welfare hole in the Leckhampton post room, or to your own pigeon hole. We aim to fill your order within a few days, but if you urgently need any supplies you can find them in the boxes in the Leckhampton bathrooms, next to the bar.

A list of contacts and useful information will be displayed as a poster around Leckhampton, and is included at the end of this document

USEFUL CONTACTS

GRADUATE OFFICE

The Graduate Office, located on A staircase in New Court (on the central College site), is your first port of call if you have any problems or questions. The office hours are 9:00am–5:30pm on Mondays and Fridays, and 9:00am–5:00pm, Tuesday to Thursday. Tessa Milne (graduate-tutorial@corpus.cam.ac.uk) will always be pleased to help or direct you to the right person. The Tutors are Fellows of the College who will be able to help you in connection with your academic, financial or personal welfare. They can be contacted directly at their @cam email address (but please copy your messages also to graduate-tutorial@corpus.cam.ac.uk). The Senior Tutor can be contacted either directly or through Tess.

THE PORTERS

The porters are incredibly friendly and helpful. Their job is essentially to make sure that life in College runs smoothly. They can be found in the Porters' Lodge (on the left as you enter Corpus on Trumpington St.) or reached by phone at 01223 338000 / 07879 116962. They are available 24 hours a day. It's worth saving their number on your phone now in case of an emergency.

LECKHAMPTON SITE MANAGER

The Leckhampton Site Manager, Aldona Maliszewska (am999@cam.ac.uk) is the first point of contact for Leckhampton residents. From 8:00am–4:00pm, Aldona can usually be found in the Leckhampton Office, near the front entrance to Leckhampton House, and should be contacted for any fire alarms, security issues or unexpected visitors to the site.

THE WARDEN

The Warden of Leckhampton is Dr. John David (JD) Rhodes, Fellow in Italian and Director of Studies in MMLL in the College, and Director of the Centre for Film and Screen in the University. The Warden works to maintain a link to the Fellowship, cultivates the scholarly and intellectual life at Leckhampton, runs the Stephen Hales lectures, and oversees the use of the Leckhampton site. He lives on site, in Leckhampton House, and can be approached informally for advice about the College and postgraduate and professional academic life. He, along with the Leckhampton Site Manager, are the correct people to approach if you want to make special use of one of the social spaces at Leckhampton, hold a party or special event, and so on.

TAXIS

If you are out late, remember that it's always advisable to plan your trip home in advance and travel with others where possible. If you are alone, consider getting a taxi back.

There are several taxi companies in Cambridge, one of which is Panther taxis. You can book a taxi by calling 01223 715715, usually at a few minutes' notice (worth saving this number now). If you don't like to fiddle with cash, you can download the Panther Taxis app on your phone and pay in advance.

IN AN ABSOLUTE EMERGENCY (I.E. YOU HAVE A MEDICAL EMERGENCY AND DON'T HAVE CASH ON YOU), YOU CAN CALL/TALK TO THE PORTER ON DUTY WHO CAN ARRANGE FOR A TAXI TO PICK YOU UP WHERE YOU ARE.

OTHER CAMBRIDGE CONTACTS

Police, Ambulance, Fire Service	999
Parkside Police Station	01223 358966
Addenbrooke's Hospital	01223 245151
Trumpington Street Medical Practice	01223 361611
Newnham Walk Surgery	01223 366811
University Counselling Service	01223 332865
CUSU Linkline Nightline Service (7pm-7am, term-time only)	01223 744444
Student Advice Service	01223 746999

MCR Welfare Information 2020

(September 2020)

MCR Welfare Officers

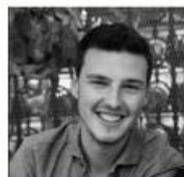
Please drop us an email or call if we can help with anything.



Lara Busby

lcb57@cam.ac.uk

07540012522



Darius Kosmützky

dgk28@cam.ac.uk

+49 157 39698143

Support within Corpus

College Tutors

Each student is allocated to one of the **Graduate Tutors**: Prof. John Carr (jpc1005), Dr Shruti Kapila (sk555), Prof. David Sneath (ds114), Dr Sarah Bohndiek (seb53), Dr Ewan St. John Smith (es336). The **Senior Tutor** is Dr Marina Frasca-Spada (senior-tutor@corpus.cam.ac.uk). If you are unsure who your tutor is, please look at your personal page on CamSIS. To get in touch, email them directly, copying in graduate-tutorial@corpus.cam.ac.uk

College Chaplain

The Revd Dr Matt Bullimore: mjb56@corpus.cam.ac.uk.

Sarah Winder-Worsley, our **college nurse**, runs appointment-only clinics in H2 (Old House). Appointments can be booked on her Moodle

site: <https://www.vle.cam.ac.uk/course/view.php?id=170572>.

Medical Services (in emergencies call 999)

Local GPs (both have a team of practice nurses) – you will need to *register* at one of these:

- **Newnham Walk Surgery** (closer to Leckhampton) Wordsworth Grove, CB3 9HS. Call 01223 366811
- **Trumpington Street Medical Practice** 56 Trumpington Street, CB2 1RG. Call 01223 361611

NHS 24-hour free non-emergency helpline: call 111

Out of hours GP (6pm-8:30am everyday): call 03301 239131

Counselling and Advice

Our **College Counsellor**, Terri, provides free counselling to Corpus students. Contact Terri on 07903 794317 or at cambridgecounsellors@gmail.com to make an appointment

University Counselling Service

www.counselling.cam.ac.uk

Phone: 01223 332865

Email: counsellingreception@admin.cam.ac.uk

Cambridge Student Advice Service

<http://www.studentadvice.cam.ac.uk>

Sexual Abuse, Harassment or Violence Services

www.breakingthesilence.cam.ac.uk: University resource portal for advice on dealing with harassment/ sexual misconduct & reporting an incident

Sexual Assault and Harassment Advisor at UCS:

sexual.assault.advisor@admin.cam.ac.uk

Women's Aid: 0808 2000 247 (24-hr free helpline)

Men's Advice Line: 0808 801 0327 (Mon-Friday, 9am-5pm)

Rape Crisis: see www.rapecrisis.org.uk (NB: women only). Call **0808 8029999** (National helpline open daily 12:00-14:30 and 19:00-21:30) or **01223 245888** (Cambridge Rape Crisis Centre helpline open Weds-Thurs 7-9:30pm and Sun 10-12:30pm) for confidential help and advice

Mental Health Support

Sane: 0300 304 7000 (helpline open daily 4:30-10:30pm)

<http://www.sane.org.uk/>

Student Minds Support: <https://www.findsupportcam.com>

Mind: Call 0300 123 3393 (Open Mon-Fri, 9am-6pm)

<http://www.mind.org.uk> (emergency advice online)

Centre 33 (< 25 only):

Call 0333 4141809 or visit <http://www.centre33.org.uk/>

Drop-in service operates at 33 Clarendon Street

(Mon-Tues 10am-5pm, Weds 12-5pm, Fri-Sat, 10am-1:30pm)

Sexual Health and Relationships Support

National Helplines and Information Providers

www.nhs.uk/Livewell/Talkingaboutsex/Pages/Ineedhelpnow.aspx - (or Google "NHS I need help now sexual health")

For local services including confidential check-ups/contraception:

iCaSH Cambridgeshire: call 0300 300 3030 (Lime Tree Clinic is on Mill Road)

<http://www.icash.nhs.uk/where-to-go/lime-tree-clinic-cambridge>

DHIVERSE provides support and information for people with HIV/AIDS: call 01223 508805

Free chlamydia test kits: <https://www.tht.org.uk/our-services/phone-and-post/free-chlamydia-postal-test-kits>

Drug and Alcohol Addiction

Alcoholics Anonymous: Call 0800 9177650 or email

help@aamail.org.uk

Drinkaware: visit www.drinkaware.co.uk for information

FRANK (National Drugs Helpline): call 0300 123 6600 (24-hr helpline)

Inclusion Cambridge: call 0300 555 0101

Sexuality Support

Contact our **MCR LGBTQ+ Officer** at

mcr_lgbtq@corpus.cam.ac.uk / 07800 711288

Switchboard LGBT+ Helpline

Call 0300 330 0630 (helpline operates 10am-10pm daily)

www.switchboard.lgbt

The Kite Trust (local Cambridgeshire organisation): email info@kitetrust.org.uk or call 01223 369508

CUSU's LGBT+ Website: www.lgbt.cusu.cam.ac.uk

Eating Disorders Support

Beat (National helpline for eating disorders): call 0808 801 0677 (Mon-Fri 4pm-10pm) or email help@b-eat.co.uk

Listening Services

Samaritans (provide confidential emotional support): call 116 123 (free 24-hr service)

Nightline (an active listening service run by Cambridge students): call 01223 744444 7pm-7am. Email/ IM/ Skype arrangements are available – email cambridge.nightline.ac.uk